



Firm Foundation Biblical Counseling & Training Center is an online training center partnered with Fellowship of Biblical Counselors. Firm Foundation Biblical Counseling (FFBC) provides all the training to receive certification in biblical counseling through the Fellowship of Biblical Counselors (FBC.)

Part one: Adjunct & Training

- Become an adjunct with the Fellowship of Biblical Counselors (\$100 on-time fee and \$75 per year until obtained certification) Download packet here <https://fbcounselors.com/fbc-adjunct-level/>
- FFBC Training program is a separate fee of \$1,200 to cover training & mentoring paid directly to Firm Foundation Biblical Counseling.
- Complete video training course.
- Complete reading requirements.
- Submit satisfactorily completed homework assignments

Biblical Counselor Certification with the Fellowship of Biblical Counselors Course Purpose:

The course of study for training toward biblical counselor certification as provided through Firm Foundation Biblical Counseling, offers orientation to biblical counseling through instruction in biblical counseling for common counseling issues, through assigned reading of biblical counseling and theological materials, through observation of video recorded counseling sessions, through mentoring, and through assessment of theological and counseling knowledge.

Course Objectives

1. Learners will become familiarized with the dynamics of biblical counseling.
2. Learners will be able to critically reflect on various theories in counseling and understand what makes biblical counseling biblical.
3. Learners will learn how to apply a biblical counseling model to husband/wife relationships, parent/child relationships, and various other issues frequently encountered in counseling.
4. Learners will understand the difference between and relationship of biblical counseling issues to medical issues.
5. Learners will observe biblical counseling through video observation of counseling sessions.
https://faithresources.vhx.tv/products/counseling-observation-videos?fbclid=IwAR1Ee_rz3xyBvbr-Ni3rdk500_iicDzI9Y8VCb7AJ_SMzA-9a4sK-575Emw

6. Learners will become familiar with the work of biblical counselors who are leaders in the field.

7. Learners will be prepared to apply for biblical counselor certification through FBC.

Part two: Certification

- Download Fellowship of Biblical Counselors Certification <https://fbcounselors.com/wp-content/uploads/2019/04/FBC-Certification-Application-Printable-Form..pdf>
- Complete required mentored counseling sessions (50 documented).
- 10 hours of observed counseling (available online at • www.fbcounselors.com)
- Satisfactorily complete Biblical Counselors Theological Evaluation Exam.
- Submit letter of recommendation.
- Maintain an active, continued involvement in a local church.
- Indicate agreement with Fellowship of Biblical Counselors Statement of Faith.
- Pay \$75 annual certification fee to Fellowship of Biblical Counselors.
- Pay one time \$40 background check fee to Fellowship of Biblical Counselors Adjunct Services.

FFBC Training curriculum

Training Videos:

Training videos are available as a 1-month rental per module \$60.00 for each module (3 modules of 6 sessions each) and located on the Fellowship of Biblical Counselors website <https://fbcounselors.com/training-options/> under Training Options then scroll down to find the videos. Firm Foundation Biblical Counseling will provide outlines for each video to be filled out and turned in to your mentor.

Module 101 Fundamentals:

- Session #1 Introduction to Biblical Counseling
- Session #2 Anthropology & Biblical Counseling
- Session #3 The Gospel & Biblical Counseling.
- Session #4 Counseling & Sanctification
- Session #5 Counseling & Homework
- Session #6 Idols of The Heart

Module 102 Methodology:

- Session #1 The Bible vs. DSM
- Session #2 Communication & Counseling
- Session #3 Sexual Sin & Physical Illness
- Session #4 Self-Talk and Biblical Thinking
- Session #5 Sexual Sin & Physical Illness
- Session #6 Counseling Dynamics & Skills

Module 103 Practical Theology:

- Session #1 Counseling Anger
- Session #2 Counseling Depression
- Session #3 Counseling Anxiety
- Session #4 Counseling Marriage
- Session #5 Counseling Parenting
- Session #6 Counseling Addiction

FFBC Training Curriculum (cont.)

Theology- A minimum of 200 pages of reading from your choice of these systemic theology texts is required for course completion:

- Systematic Theology by Louis Berkhof
- The Moody Handbook of Theology by Paul Enns
- Christian Theology by Millard Erickson
- Systematic Theology: An Introduction to Christian Belief by John Frame

- Basic Theology by Charles Ryrie
- Systematic Theology by A. H. Strong

Discipleship Study- Required Study Self-Confrontation by John C. Broger

Biblical Counseling- And a minimum of 800 pages of reading from your choice of these texts is required for course completion:

- Instruments in the Redeemer's Hands by Paul D. Tripp
- The Christian Counselors Manual by Jay Adams
- A Theology of Christian Counseling by Jay Adams
- Counseling – How to Counsel Biblically by John MacArthur
- How to Counsel God's Way by Bob Hoekstra
- Curing the Heart by Howard Eyrich and Bill Hines
- The Heart of Addiction by Mark Shaw

Firm Foundation Biblical Counseling Training Center requires at least 1,000 pages of reading, and asks the student to submit a reading report, per book of what the book was about, what the student learned and how the student plans to apply what was learned in everyday living. Report is to be submitted to FFBC for each book upon completion.

Bible Studies "lessons/sections" can be completed in sections of two and remitted as frequently as each week.

Candidates are responsible for the purchase of the books and the Self-Confrontation Manual (approx. \$90)

FFBC Training Curriculum (cont.)

Mentored Counseling:

Candidates seeking biblical counseling certification are required to accumulate 50 Mentoring hours/sessions. Mentoring sessions should be accrued through counseling or discipleship of individuals under candidates' direction. A counseling session form is required for each session. Candidates will send reports to an FFBC assigned mentor.

Fellowship of Biblical Counselors Certification Exam:

Please read carefully and provide complete, paragraph form answers to the following questions electronically. Repeat each of the Roman numeral headings and include the questions as the header for each answer. Please use one Word document with numbered pages and a page break inserted between each question.

Any source appropriate to developing your responses may be used. Please identify sources in parentheses or footnotes.

Support each answer with Scripture references, without cutting and pasting the verses.

PLEASE NOTE:

After considering each answer directly, please include a specific (can be hypothetical) example of how your answer would impact a counseling scenario. Describe the counseling scenario and why/how you would use the answer to help the counselee.

I) AUTHORITY & SUFFICIENCY OF SCRIPTURE (Bibliology)

- Define and describe the Bible's claims regarding authority and sufficiency.
- Give your understanding of "Biblical Inerrancy."
- What is "integration" as applied to the discipline of Biblical Counseling? Give the biblical reasons why FBC take a non-integrationist stance.

FFBC Training Curriculum (cont.)

II) GOD THE FATHER (Theology Proper)

- What is the unique ministry of God the Father in the Godhead?
- Choose and define five attributes of God. Please include sovereignty and holiness as two of the attributes.
- Defend biblically how the sovereignty of God and man's free will are both essential truths.

III) GOD THE SON (Christology)

- What is the unique ministry of Christ the Son in the Godhead?
- What does Scripture teach regarding Jesus Christ as fully God and fully man.
- What is the role, if any, of the Lordship of Christ in Biblical Counseling?

IV) GOD THE HOLY SPIRIT (Pneumatology)

- What does Scripture teach regarding the person and work of the Holy Spirit? Give scriptural evidence of His deity and personhood.
- Describe the ministry of the Holy Spirit in the context of counseling.
- What is your understanding of the Trinity?

V) MAN (Anthropology)

- Describe your view of man's nature and present condition.
- What is the problem with "self-esteem" theology?
- How would you describe a believer's identity in Christ?

VI) SALVATION (Soteriology)

- How would you work with an unsaved counselee?

FFBC Training Curriculum (cont.)

- Define and describe the doctrine of double imputation in justification.

VII) SATAN (Demonology)

- What is your understanding of "spiritual warfare?"
- What does the Bible teach regarding how to withstand Satan and demons?

VIII) THE CHURCH (Ecclesiology)

- Explain why you agree or disagree with the following statement: Biblical Counseling falls under the authority and oversight of the body of Christ, the church.
- Why is active church participation vital for the counselor and counselee?

IX) CHRISTIAN LIVING (Practical Theology)

- How does Biblical Counseling relate to the biblical mandate of discipleship?
- What do you believe regarding spiritual disciplines and how would that impact your counseling?

X) MARRIAGE AND FAMILY (Biblical Sociology)

- Biblically explain the biblical roles of the husband and wife in the home, and men and women in the church.
- What Scripture would you bring to bear in counseling a couple with communication problems?
- Under what conditions, if any, is divorce permitted? Use Scripture references to defend your answer.
- Using Ephesians 6:1-4 and Colossians 3:20-21, explain the biblical responsibilities of the parents and children.
- What biblical principles would you consider important in counseling those asking for help in overcoming homosexuality or gender confusion?

Thank you for your interest in Biblical Counselor Certification.

Please fill out consent form (Last Page)

Fill out Full Consent Form

I _____, understand and agree with the requirements stated in the Fellowship of Biblical counselors/Firm Foundation Biblical Counseling Training Center overview.

I _____, commit to completing and turning in homework on time except in an emergency or previous arrangements with Firm Foundation Biblical Counseling.

I _____, am participating in the Fellowship of Biblical Counselors training and certification process with Firm Foundation Biblical Counseling, so that I will be adequately equipped to teach others how to overcome problems biblically. I agree to remain teachable and open to biblical truths which often are opposite of what the world teaches.

I _____, agree to release Ronnie and Heather Eskridge, Firm Foundation Biblical Counseling LLC., in consideration of these services from all claims, demands, actions, whatsoever, in law or in equity.

I _____, understand that the counselors with Firm Foundation Biblical Counseling LLC. Are not trained psychologists or therapists and that I will be receiving teachings with biblical guidance and discipleship as it pertains to different areas of life.

I _____, understand that any donations made to Firm Foundation LLC. are non-refundable and should be paid to Firm Foundation Biblical Counseling LLC.

Firm Foundation accepts fees through the ministry covering Disciple Nations and can be given to this link <https://disciplenations.net/missionaries/eskridge> , CashApp, PayPal, or Venmo.

Training Fee with FFBC \$1,200.00

Name: _____ Phone number: _____

Address: _____ Email: _____